



This week try the practice of Prayer Walking. God invites us to bring all of our worries and concerns to Him. He instructs to pray for others. As we pray, God can help us to see things from His view. Suggestions for Prayer Walking.

- [Prayer Walk through your neighborhood.](#)
- [Prayer Walk through your workplace](#)
- [Prayer Walk through your church.](#)
- [Prayer Walk in or around a place of government.](#)
- [Prayer Walk in nature](#)

As you walk, meditate on God's Word and pray Scripture back to God. Write the Scriptures on notecards to carry with you to guide your prayers. You might want to journal about the experience or what you learned from the verses.

Verses of Praise

- Psalm 86:11-13
- Psalm 66:1-4
- Ephesians 1:3-4
- 1 Chronicles 16:8
- Isaiah 63:7

Prayers for Specific Prayer Walks

- Prayer Walk through your neighborhood. Jeremiah 29:7
- Prayer Walk through your workplace 1 Timothy 2:1
- Prayer Walk through your church. Colossians 4:3-4
- Prayer Walk in or around a place of government. 1 Timothy 2:1-4
- Prayer Walk in nature. Psalm 19:1

Journal: